



# Wellbeing Champion

**£9.50 per hour (8 hours per month). One Year Fixed Term Contract**

**Closing Date – 29<sup>th</sup> January 2023**

Following the launch of the new Team Trilogy Wellbeing Strategy 2022-25, Trilogy is looking for four team members to become Wellbeing Champions.

The Wellbeing Champions will support the development and delivery of the Team Trilogy Wellbeing Strategy. The Strategy aims to support all team members with their individual wellbeing and centres around four pillars of wellbeing; physical, mental, social and financial.

If you have a passion to support others, be emphatic, a good communicator and listener this would be the additional role for you.

Are you open minded, non-judgement, approachable and an advocate for positive wellbeing then please apply.

You do not need to be a wellbeing expert as training and support will be provided, however, enthusiasm and a desire to support others is essential.

This role is open to only current Trilogy employees and is on top of any role you are currently paid by Trilogy to undertake. We will work with you line manager to ensure the flexibility required is in place to enable you to be successful in this post.

## Trilogy Culture

The purpose of every team member at Trilogy is to work together in a positive, creative fashion as one team to deliver the core values and company strategy. To adopt the behaviours and company culture to promote, encourage and achieve excellence as a Wellbeing organisation to improve the lives of people in our Community.

- **One Trilogy Team** - Working together, respect, open & honest, positive communication
- **Encourage Creativity** – Support innovation, try new ideas, adopt change
- **Be Constructive** – Adopt a positive, can-do anything is possible mindset
- **Deliver Excellence** – Provide the Customer experience you want to receive
- **Promote Wellbeing** – Self-care, support others, be active, work/life balance
- **Embrace Diversity** – Champion Equality, Diversity & Inclusion

## How to Apply:

- **Email a one page statement explaining why you would like to be considered for the role - [NLTRecruit.Mailbox.nlt@nltrust.org.uk](mailto:NLTRecruit.Mailbox.nlt@nltrust.org.uk)**
- **If you wish to have an informal chat about the role before applying, please call Lawrence Kay (Director of Wellbeing & Enterprise), 07951 497 559**